



# **Border, Fellside and North Carlisle Community Panel**

## **Investing in our Neighbourhoods**

**Meeting Date – 5 September 2024**

**Lead Officer – Paul Musgrave**

### **1.0 Purpose / Summary**

- 1.1 The report sets out the current position of the Neighbourhood Investment Fund allocation to this Community Panel as agreed by the Cumberland Council Executive. Where they have been received, this report presents investment applications for consideration and approval from the budget allocation.
- 1.2 This report also presents the Border, Fellside and North Carlisle Community Panel Neighbourhood Investment Plan for information, discussion and to report progress against it.
- 1.3 The work of the Community Panel contributes to the achievement of the Council Plan 2023 - 2027 vision:
  - Cumberland Council takes a fresh approach to the delivery of inclusive services that are shaped by our residents and communities.
  - By enabling positive outcomes for health and wellbeing, prosperity and the environment we will fulfil the potential of our people and our area.
- 1.4 The Council Plan aims to improve the health and wellbeing of our residents through the following priorities:
  - Addressing inequalities
  - Local economies that work for local people
  - Environmental resilience and the climate emergency
  - Delivering excellent public services.

1.5 This Community Panel has developed its own local priorities which were shared and discussed with our local communities and agreed formally by this Community Panel. They have been used by the Community Panel to inform the development of the Neighbourhood Investment Plan and in assessing investment applications.

## **2.0 Recommendations**

2.1 Members note the contents of the report.

2.2 Members to agree an investment (CGA/2035-24) of £2,937 from the Neighbourhood Investment Fund to Laurie Brewis Trust to trial regular activity hubs in rural locations to run activity sessions.

2.3 Members to agree an investment (CGA/2129-24) of £1,618 to CADAS from the Neighbourhood Investment Fund to set up a pain pilot project called 'All Gain, No Pain'.

2.4 Members to agree an investment (CGA/2146-24) of £5,214 from the Neighbourhood Investment Fund to Carlisle Community Help towards Empowering Carlisle Through Nutrition Education and Affordable Food.

2.5 Members note an investment (CGA/2114-24) of £1,500 from Corby and Hayton ward allocation to Farlam Parish Council for the purchase and installation of a speed indicator device in Hallbankgate near the primary school.

2.6 Members to agree an award of £2,250 from the UKSPF, E35 to Age UK to deliver against the E35 Intervention.

2.7 Members to agree an award of £3,000 from the UKSPF, E35 to Brampton and Beyond Community Trust to deliver against the E35 Intervention.

2.8 Members to agree an award of £3,909 from the UKSPF, E35 to Carlisle Matters to deliver against the E35 intervention.

2.9 Members to agree an award of £2,000 from the UKSPF, E35 to Carlisle Radio FM to deliver against the E35 intervention.

2.10 Members to agree an award of £5,556 from the UKSPF, E35 to Citizens Advice for to deliver against the E35 intervention.

2.11 Members to agree an award of £1,250 from the UKSPF, E35 to Cumbria CVS to deliver against the E35 intervention.

2.12 Members to agree an award of £4,995 from the UKSPF, E35 to Cumbria Youth Alliance to deliver against the E35 intervention.

2.13 Members to agree an award of £2,478 from the UKSPF, E35 to Growing Well to deliver against the E35 intervention.

2.14 Members to agree an award of £3,330 from the UKSPF, E35 to iCan Wellbeing Group to deliver against the E35 intervention.

- 2.15 Members to agree an award of £4,745 from the UKSPF, E35 to NADT Pitstop Project to deliver against the E35 intervention.
- 2.16 Members to agree an award of £2,000 from the UKSPF, E35 to Steps to Success to deliver against the E35 intervention.
- 2.17 Members to agree an award of £196 from the UKSPF, E35 to Triple A Project to deliver against the E35 intervention.
- 2.18 Members to review the Neighbourhood Investment Plan including discussion about the priorities.

### **3.0 Background**

- 3.1 The total Neighbourhood Investment Fund (NIF) available to this Community Panel for the financial year 2024/25 is £106,872.
- 3.2 This allocation is intended to enable the Community Panel to plan activity in their communities through investment that will assist in the achievement of its priorities.
- 3.3 Investments up to £1,500 can be agreed outside the meeting in consultation with the Chair, local Member and Senior Manager – Community Services. In addition individual members have allocated £5000 to decide on preferred investment applications for their ward from the Neighbourhood investment fund.
- 3.4 Applications will be assessed against the locally agreed priorities for the panel area which are:
  - Community Facilities and Support
  - Highways
  - Environment.
- 3.5 In addition to the priorities, there are a number of criteria that must be adhered to as this relates to public funds. These are set out on the application form. There may be occasion where applications are received that do not fit with the local priorities or meet the funding criteria. In these cases, the applications will not be presented to the Community Panel. However, the Council works with other partners and will often be able to advise on other funding streams or will support a group so that they can meet the funding criteria.
- 3.6 Members are able to review their specific criteria at each Community Panel meeting.
- 3.7 Potential applicants are always advised to speak with the relevant Community Development Officer (CDO) prior to submitting an application. The CDO can offer advice and for this panel area, the CDO is Lorraine Davis who can be contacted by email ([Lorraine.Davis@cumberland.gov.uk](mailto:Lorraine.Davis@cumberland.gov.uk)).
- 3.8 In addition to the funding described above, the Executive discussed the allocation of the United Kingdom Shared Prosperity Fund (UKSPF) at its meeting on 23 April 2024.
- 3.9 The Portfolio Holder moved that the Priority Intervention E35 (Enrichment & volunteering activities) indicative budget / grant allocations be amended to read:

*£387,520 – allocated to consider targeted approach with public health partners delegated to Community Panels. The Leader seconded the recommendation and the amendment.*

- 3.10 In direct response to this, work has been undertaken to encourage partners to apply who have a track record of delivering projects that are consistent with what this intervention is seeking to achieve. Care has been taken to ensure that areas right across Cumberland can benefit from this funding.
- 3.11 The timeframes for spending this money are tight with all projects funded needing to be completed by 31 January 2025 and full reporting on outcomes by 28 February 2025.
- 3.12 All applications that benefit this community panel area will be presented to the Community Panel for agreement and in this report, they are set out in Section 4 at paragraphs 4.3 to 4.75.
- 3.13 The December meeting of this Community Panel will be too late to fund the majority of projects so any further applications benefiting this Community Panel area will be presented to a Special Meeting if required. Any delays to agreeing applications may mean that projects are no longer viable within the time frames.

#### **4.0 Investment Applications**

- 4.1 Applications in sections 4.3 to 4.33 are made to the Neighbourhood Investment Fund.
- 4.2 Applications in sections 4.35 to 4.75 are made to the Shared Prosperity Fund delegated to Community Panels. Where applications cover more than one Panel area, assurance has been sought from the applicant that delivery will be across all Panel areas applied to.

#### **Investment Application to the Neighbour Investment Fund Laurie Brewis Trust (LBT) (Heathlands)**

- 4.3 The Laurie Brewis Trust is a charity who run multiple services for the community and Heathlands, Cumbria is a day service for adults with learning and physical disabilities, ABI (acquired brain injury), autism, disadvantaged and hard to reach groups. Heathlands is based north of Carlisle. Heathlands at Home, is their online service to support people who are isolated, excluded or have limited access to daytime support services. LBT Projects work directly in the local community to support disadvantaged, hard to reach individuals and groups through our Better together programme.
- 4.4 LBT are wanting to trial regular activity hubs in rural locations, gathering evidence to be used as a basis for a larger scale project. The activity sessions will be accessible to all and aimed at the whole community with a special focus on people with degenerative health conditions and permanent health conditions. The activity sessions will have a positive focus on health and wellbeing, while aiming to meet the wants and needs of the communities accessing them. They intend to introduce digital aspects to the sessions making them more accessible letting people join from home if they are unable to attend in person, helping keep the wider community connected.

- 4.5 LBT Hubs and LBT in its entirety have close connections to a host of NHS care team services, Council initiatives, Age UK and People First centre for advocacy and Triple A for specialist autism services. Working alongside these organisations, together with Ability Net and iCan they will help signpost beneficiaries to be able to get any extra advice or help they may need. The intention is for the Hubs to actively engage with communities and seek to be involved where they can in other organised community events taking place that are of benefit to the community as a whole.
- 4.6 From the funding they will run 2 trial Hubs in the Border, Fellside and North Carlisle area. Locations to be considered are Longtown Memorial Hall, Walton Village Hall, Hallbankgate Village Hall, Castle Carrock and Wetheral Community Centres.
- 4.7 The Trust has received funding from Cumberland Council previously.
- 4.8 The Laurie Brewis Trust are applying for £3,000 against total project costs of £7797.50. The organisation is applying for investment funding towards a facilitator and venue hire.
- 4.9 The organisation will use the evidence gathered from the hubs to support an application to the Lottery Community Fund. They received £1923 from Fibrus Community Fund Cumbria for computer equipment which will be available to use in the hubs.
- 4.10 The officer recommendation is £2,937.
- 4.11 This application meets the following panel priorities and key themes:

Community Facilities and Support

- Supporting community activities

**Cumbria Addictions; Advice and Solutions (CADAS)**

- 4.12 CADAS are applying for £5,000 against total project costs of £8,000 for the Border, Fellside and North Carlisle Panel area.
- 4.13 Cumbria Addictions: Advice and Solutions (CADAS) have been supporting people living in Cumbria and their families with their mental health, addictions and substance dependency since the organisation was established in 1979. CADAS provide targeted early intervention programmes that reach the most troubled and vulnerable children, young people, adults and families in Cumbria communities.
- 4.14 Nationally GP Practices have a target to reduce their total Opioid prescribing by 10% - this is a challenge for GPs to deliver as it is well evidenced that patients are unable to stick to a reduction plan, are knowingly or unknowingly dependent on taking medication for pain and are anxious or resistant at the thought of any reduction. This is where CADAS wish to help; with their experience of supporting people to reduce the use of harmful substances they have the expertise to step in to this space, working alongside GP's to help patients and the wider healthcare system avoid possible unintended consequences of opioid reduction. CADAS will offer a social prescribing route for people with persistent pain and a dependency on pain medication.

4.15 CADAS need the investment to set up a pain pilot project called 'All Gain, No Pain'. The project will improve accessibility for all – by training health professionals, providing easy access advice and information expert support through an intensive 121 programme and work in partnership with GP practices, Primary Care Networks, Health and Wellbeing coaches to tailor the work specifically with the Longtown and Brampton communities. The delivery of Pain Cafes will build on existing community activities, the locations of which will be discussed with service users and stakeholders in Brampton and Longtown to ensure they are in settings and locations that are suitable and accessible. CADAS will ensure that everyone who needs to access them can.

4.16 CADAS has received funding from Cumberland Council previously.

4.17 CADAS are applying for £5,000 against total project costs of £8000.00. The organisation is applying for investment funding towards external training and printing costs - £3156.40, 4 pain cafes - £1018.56, 1:1 pilots – £600 and contingency and core - £225.04.

4.18 The organisation has applied to the Integrated Care Communities Health Improvement Fund for £3,000.

4.19 The officer recommendation is £1,618.

4.20 This application meets the following panel priorities and key themes:

Community Facilities and Support

- Supporting community activities

#### **Carlisle Community Help – CCGA/2146-24**

4.21 Carlisle Community Help are applying for £35,000 against total project costs of £40,843.18 towards a programme - empowering Carlisle through nutrition education and affordable food. The organisation has not received funding from Cumberland Council previously.

4.22 The intention is to provide affordable food support to the community of Carlisle Support includes the distribution of emergency food parcels to individuals and families in crisis.

4.23 The project will be delivered in Carlisle and Brampton, targeting areas with high rates of rural food poverty. Workshops and activities will be held at accessible locations, including Brampton Methodist Church, Morton Manor, Carlisle Enterprise Centre, Upperby CDC, and Petheril Bank Community Centre. They will work with local schools in collaboration with Riverside Housing to reach those in need.

4.24 The workshops will be focussing on:

- Nutrition education programme - create tailored educational programs for various age groups, including children and young people, and adults, to raise awareness around healthy eating and reduce the stigma surrounding food insecurity. Workshops will include cooking demonstrations, nutritional workshops, and interactive sessions.
- Community engagement - establish community-based food security committees to ensure that local voices are heard and that their efforts are aligned with community needs. These committees will facilitate outreach and awareness campaigns, further promoting the importance of nutrition and food security.

- Practical intervention - Collaborations with local markets, grocery stores, and food banks will enhance access to affordable, nutritious food options. Their food hub will serve as a model, showcasing healthy food choices while providing members with skills for budgeting and meal planning.
- 4.25 They will produce a range of physical and digital resources to supplement the workshops and ensure long-term accessibility of information. They will work collaboratively and through partnership work to ensure the project's longevity and impact.
- 4.26 The organisation is applying for investment funding towards workshops/classes - £1,000, printed materials - £275.69, food costs - £12,040.55, staffing costs - £23,795.20, volunteer expenses - £1,000 and miscellaneous expenses - £2,732.74.
- 4.27 The organisation has also applied to Carlisle West and Petteiril Community Panels. The amount requested has been split based on targeted areas and venues they will be delivering the project.
- 4.28 The Officer recommendation is £5,214.00 towards workshops/classes, printed materials, staffing costs and volunteer expenses.
- 4.29 This application meets the following panel priorities and key themes:
- Community Facilities and Support
- Supporting community activities

**Investments to note (approved outside Community Panel)**

- 4.30 The following investments up to £1,500 were agreed outside the meeting in consultation with the Vice-Chair, Local Member and Senior Manager – Community Services.
- 4.31 £1500 was awarded from the local member for Corby and Hayton's allocation to Farlam Parish Council to be used to purchase and install a Speed Indicator Device at Hallbankgate.

**APPLICATIONS TO THE UK Shared Prosperity Fund (UKSPF)**

- 4.32 All applications presented are compliant with the intervention E35 as described in the guidance. E35 is to be used to fund activities such as enrichment and volunteering to improve opportunities and promote wellbeing.

**Age UK**

- 4.33 Age UK are applying for £18,000 in total and are requesting £2,250 from this Community Panel. Given full coverage of Cumberland with this application, applications to the same value will also be presented to the other seven Community Panels.
- 4.34 Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.
- 4.35 Age UK will recruit people over the age of 50 who are out of work for a variety of reasons. Those targeted, who are out of work, are likely to be so due to ill health and this project will support them with varying skills to get back into employment, but will also address social isolation, increase their resilience and have a positive impact on their mental health. They are looking to achieve a minimum of forty volunteering roles across Cumberland.
- 4.36 The officer recommendation is £2,250 from this Community Panel.

### **Brampton and Beyond Community Trust**

- 4.37 Brampton and Beyond are applying for £3,000 in total and are requesting the full amount from this Community Panel.
- 4.38 Brampton and Beyond will enhance the essential English and Maths skills of 16-18 year olds preparing for their GCSE re-sits. By providing tuition that is free to the user, this will increase their knowledge, develop their potential and allow a more seamless integration into the workplace post education.
- 4.39 The officer recommendation is £3,000 from this Community Panel.

### **Carlisle Matters**

- 4.40 Carlisle Matters are applying for £11,731 in total and are requesting £3,911 from this Community Panel. Applications will also be presented to Carlisle West and Border, Fellside and North Carlisle.
- 4.41 Carlisle Matters will deliver a programme of weekly sessions to provide information about the benefit of volunteering, encourage participants to match their individual skills to opportunities and give a greater awareness of the range of volunteering opportunities in and around Carlisle. The programme aims to move all participants into volunteering roles.
- 4.42 The officer recommendation is £3,909 from this Community Panel.

### **Carlisle Radio FM**

- 4.43 Carlisle Radio FM are applying for £6,000 in total and are requesting £2,000 from this Community Panel. Applications will also be presented to Carlisle West and Border, Fellside and North Carlisle.
- 4.44 This is towards a project valued at £9,000 and funding of £3,000 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.
- 4.45 Carlisle Radio FM will support residents in Carlisle and surrounding area to become volunteers at the radio station. These volunteering opportunities will assist vulnerable people (in terms of mental and physical health) to gain future employment. The station relies heavily on volunteers and this project will enable the core team to expand and partially fund a volunteer coordinator.
- 4.46 The officer recommendation is £2,000 from this Community Panel.

### **Citizens Advice (Carlisle and Eden, Allerdale and Copeland)**

- 4.47 Citizens Advice are applying for £50,000 in total as a joint application and the project will be delivered together to reduce administration and training costs and to provide resilience across the project. They are requesting £5,556 from this Community Panel. Given full coverage of Cumberland with this application, applications will also be presented to the other seven Community Panels.
- 4.48 Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.



- 4.49 Citizens Advice will utilise the funding to secure additional training supervisor hours to support a new cohort of volunteers. They will target potential volunteers who may not have worked for many years, have given up work due to illness or have long term health conditions. They will offer a wider range of volunteering opportunities including reception duties and administration tasks, service promotion, research and campaigns to develop into the more traditional information and advice roles.
- 4.50 The officer recommendation is £5,556 from this Community Panel.

### **Cumbria CVS**

- 4.51 Cumbria CVS are applying for £10,000 in total and are requesting £1,250 from this Community Panel. Applications of the same value will also be presented to the other seven Community Panels.
- 4.52 This is towards a project valued at £20,000 and funding of £10,000 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.
- 4.53 Cumbria CVS will develop and provide a package of support to those participants not currently in the labour market across Cumberland. This will include workshops, support and social action days in a bid to improve individuals confidence and social skills and reduce social isolation.
- 4.54 The officer recommendation is £1,250 from this Community Panel.

### **Cumbria Youth Alliance**

- 4.55 Cumbria Youth Alliance are applying for £39,950 in total and are requesting £4,995 from this Community Panel. Applications of the same value will also be presented to the other seven Community Panels.
- 4.56 Cumbria Youth Alliance will reengage up to 30 young people in work focuses activities, confidence building sessions, education and training. These will equip young people with the skills, resources and support needed for the transition into employment or further education.
- 4.57 The officer recommendation is £4,995 from this Community Panel.

### **Growing Well - Tebay**

- 4.58 Growing Well are applying for £9,911 in total and are requesting £2,478 from this Community Panel. Applications will also be presented to Carlisle West, Fells and Solway and Petteril.
- 4.59 Growing Well will deliver a programme of structured horticultural activity delivered by expert growers and a clinically lead mental health support team. This application would support an additional full day for residents in the wider Carlisle area in addition to what is already provided and includes transport.
- 4.60 The officer recommendation is £2,478 from this Community Panel.

### **iCan Wellbeing Group**

- 4.61 iCan Wellbeing Group are applying for £9,990 in total and are requesting £3,330 from this Community Panel. Applications will also be presented to Carlisle West and Petteril.

- 4.62 This is towards a project valued at £39,990 and funding of £30,000 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.
- 4.63 iCan Wellbeing Group will provide a programme which will springboard those who are unemployed to get back to work by helping to overcome barriers. They use an innovative and holistic approach to employability which increases overall wellbeing for individuals and raises aspirations.
- 4.64 The officer recommendation is £3,330 from this Community Panel.

#### **NADT Pitstop Project**

- 4.65 NADT are applying for £35,000 in total for this project and £4,375 from this Community Panel. Given full coverage of Cumberland with this application, applications to the same value will also be presented to the other seven Community Panels.
- 4.66 Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.
- 4.67 NADT will deliver a previously piloted Pitstop programme which is designed for young people aged up to 25 who experience personal, emotional, social or educational barriers. The scheme runs from Cumbria's first large scale studio based film production company in Carlisle but is available to young people across Cumberland to help overcome transport as a barrier.
- 4.68 The officer recommendation is £4,745 from this Community Panel.

#### **Steps to Success**

- 4.69 The Council's People Management 'Pathways to Potential' Team are applying for £23,000 in total and are requesting £5,750 from this Community Panel. Applications will also be presented to Petteril, Carlisle West and Workington Together.
- 4.70 Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.
- 4.71 The Steps to Success Project Team will implement a volunteering and work experience programme within Cumberland Council to encourage people to apply to work for the Council across a variety of roles and to do this by engaging, inspiring and motivating those in long-term unemployment.
- 4.72 The officer recommendation is £2,000 from this Community Panel.

#### **Triple A Project (All About Autism)**

- 4.73 Triple A are applying for £1,569 in total and are requesting £196 from this Community Panel. Applications of the same value will also be presented to the other seven Community Panels.
- 4.74 This is towards a project valued at £11,420 and funding of £9,851 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full scale delivery of the project.

- 4.75 Triple A will provide accessible, expert advice and support to people with autism to find volunteer and employment opportunities. The funding will be used to pay for specialist mentors who will support individuals.
- 4.76 The Officer recommendation is £196 from this Community Panel.

### **Neighbourhood Investment Plan**

- 4.77 Since the last meeting, the following progress has been made (**appendix 1**)
- Public participation
  - Mapping of Community facilities and assets in the Panel area

## **5.0 Options**

### **Alternative Options Considered**

- 5.1 There was an option not to put forward applications for investment but they meet the criteria in place.

### **Risks**

- 5.2 The risk associated with this report is that allocations proposed do not meet the criteria for investments. This is mitigated through officer experience, processes in place and awarding investments in a public forum.
- 5.3 There is a risk that delegated funding to this Community Panel will not be spent caused by the timeframe in place for decisions resulting in local communities not benefitting from this funding.

### **Consultation**

- 5.4 There has been no consultation associated with this report.

### **Legal Comment**

- 5.5 No legal issues arise directly from the report. Any legal issues arising from the delivery of specific projects will be dealt with as they arise.

### **Finance Comment**

- 5.6 The Neighbourhood Investment Fund is part of Communities and Localities within the Public Health and Communities Directorate.
- 5.7 The Neighbourhood Investment Fund budget for 2024/25 is £0.727m which is allocated to fund the 8 Community Panels.
- 5.8 The 2024/25 budget allocation to the Border, Fellside and North Carlisle Community Panel is £106,872.

- 5.9 Approval is sought to agree a proposed funding allocation of £9,769. This is in addition to the £69,013 already agreed.
- 5.10 It is recommended that the funding allocation is approved as it is within the confines of the available remaining 2024/25 budget as shown in the table below:

Border, Fellside & North Carlisle Community Panel - NIV000003		TOTAL	BFNC	BELAH	BRAMPTON	HOUGHTON		LONGTOWN	STANWIX	WETHERAL
						CORBY & HAYTON	IRTHINGTON		URBAN	
<b>2024/25 Budget Allocation:</b>		<b>£106,872.00</b>	<b>£71,872.00</b>	<b>£5,000.00</b>	<b>£5,000.00</b>	<b>£5,000.00</b>	<b>£5,000.00</b>	<b>£5,000.00</b>	<b>£5,000.00</b>	<b>£5,000.00</b>
Minus Approved Investments:	CCGA 2098-24	-480.00		-480.00						
	CCGA 2072-24	-27,200.00	-27,200.00							
	CCGA 2085-24	-21,400.00	-21,400.00							
	CCGA 2095-24	-11,100.00	-11,100.00							
	CCGA 2073-24	-1,333.00	-1,333.00							
	CCGA 2092-24	-5,000.00	-2,500.00							-2,500.00
	CCGA 2108-24	-500.00								-500.00
	CCGA 2113-24	-500.00					-500.00			
	CCGA 2114-24	-1,500.00				-1,500.00				
Minus proposed Investments:	CCGA 2035-24	-2,937.00	-2,937.00							
	CCGA 2129-24	-1,618.00	-1,618.00							
	CCGA 2146-24	-5,214.00	-5,214.00							
<b>Balance of budget remaining:</b>		<b>£28,090.00</b>	<b>-£1,430.00</b>	<b>£4,520.00</b>	<b>£5,000.00</b>	<b>£3,500.00</b>	<b>£4,500.00</b>	<b>£5,000.00</b>	<b>£5,000.00</b>	<b>£2,000.00</b>

## Impact Assessments

- 5.11 An assessment has not been completed.

### Contact Officer:

CDO: Lorraine Davis, Community Development Officer

### Appendices:

Appendix 1 – Neighbourhood Investment Plan