

# Petteril Community Panel Investing in our Neighbourhoods

Meeting Date – 2 September 2024 Lead Officer – Paul Musgrave

## 1.0 Purpose / Summary

- 1.1 The report sets out the current position of the Neighbourhood Investment Fund allocation to this Community Panel as agreed by the Cumberland Council Executive. Where they have been received, this report presents investment applications for consideration and approval from the budget allocation.
- 1.2 This report also presents the Petteril Community Panel Neighbourhood Investment Plan for information, discussion and to report progress against it see Appendix 1
- 1.3 The work of the Community Panel contributes to the achievement of the Council Plan 2023 2027 vision:
  - Cumberland Council takes a fresh approach to the delivery of inclusive services that are shaped by our residents and communities.
  - By enabling positive outcomes for health and wellbeing, prosperity and the environment we will fulfil the potential of our people and our area.
- 1.4 The Council Plan aims to improve the health and wellbeing of our residents through the following priorities:
  - Addressing inequalities
  - Local economies that work for local people
  - Environmental resilience and the climate emergency
  - Delivering excellent public services
- 1.5 This Community Panel has developed its own local priorities which were shared and discussed with our local communities and agreed formally by this Community Panel. They have been used by the Community Panel to inform the development of the Neighbourhood Investment Plan and in assessing investment applications.

#### 2.0 Recommendations

- 2.1 Members note the contents of the report.
- 2.2 Members to agree an investment (CCGA/2115-24) of £1,692 from the Neighbourhood Investment Fund to The Parish of St Elisabeth Church towards CCTV for the outside of the building.
- 2.3 Members to agree an investment (CCGA/2123-24) of £3,840 from the Neighbourhood Investment Fund to Ican towards Meditation & Sound Healing sessions.
- 2.4 Members to agree an investment (CCGA/2134-24) of £10,000 from the Neighbourhood Investment Fund to Stomping Ground towards indoor and outdoor activities with Hammonds Pond.
- 2.5 Members to agree an investment (CCGA/2130-24) of £1,500 from the Neighbourhood Investment Fund to Creighton Rugby Club towards maintenance to the pitch.
- 2.6 Members to agree an investment (CCGA/20662-24) of £2,500 to from the Neighbourhood Investment Fund to Borderline Counselling Service to cover an increase of staffing costs for the counselling service.
- 2.7 Members to agree an investment (CCGA2126-24) of £1,899 Together We Can continuation of the Together We Carry to cover staffing costs for the next six months.
- 2.8 Members to agree an investment (CCGA/2146-24 of £15,643 from the Neighbourhood Investment Fund to Carlisle Community Help towards Empowering Carlisle Through Nutrition Education and Affordable Food
- 2.9 Members to agree an investment (CCGA/2137-24) of £21,860 from the Neighbourhood Investment Fund to Petteril Bank Community Centre towards maintenance cost, creation of a bistro café area and to employ a part time member of staff.
- 2.10 Members to agree an investment (CCGA/2135-24) £13,000 from the Neighbourhood Investment Fund to Botcherby Community Centre towards annual community activities and towards employing a Project Officer and a Development Officer.
- 2.11 Members to agree an investment (CCGA/2133-24) of £20,900 from the Neighbourhood Investment Fund to Currock Community Centre towards refurbishing a room to create a family hub area and towards employing a Centre Assistant and Community Engagement Officer.
- 2.12 Members to agree an award of £2,250 from the UKSPF to Age UK to deliver against the E35 Intervention.
- 2.13 Members to agree an award of £3,911 from the UKSPF to Carlisle Matters to deliver against the E35 Intervention.
- 2.14 Members to agree an award of £2,000 from the UKSPF to Carlisle Radio FM to deliver against the E35 Intervention.
- 2.15 Members to agree an award of £5,556 from the UKSPF to Citizens Advice to deliver against the E35 Intervention.
- 2.16 Members to agree an award of £1,250 from the UKSPF to Cumbria CVS to deliver against the E35 Intervention.
- 2.17 Members to agree an award of £4,995 from the UKSPF to Cumbria Youth Alliance to deliver against the E35 Intervention.

- 2.18 Members to agree an award of £6,511 from the UKSPF to Currock Cookhouse and Wellness Circle to deliver against the E35 Intervention.
- 2.19 Members to agree an award of £2,478 from the UKSPF to Growing Well to deliver against the E35 Intervention.
- 2.20 Members to agree an award of £3,330 from the UKSPF to iCan Wellbeing Group to deliver against the E35 Intervention.
- 2.21 Members to agree an award of £4,745 from the UKSPF to NADT Pitstop Project to deliver against the against the E35 Intervention.
- 2.22 Members to agree an award of £7,000 from the UKSPF to Steps to Success to deliver against the against the E35 Intervention.
- 2.23 Members to agree an award of £196 from the UKSPF to Triple A Project to deliver against the E35 Intervention.
- 2.24 Members to review the Neighbourhood Investment Plan including discussion about the priorities and future investments.

## 3.0 Background

- 3.1 The total Neighbourhood Investment Fund (NIF) available to this Community Panel for the financial year 2024/25 is £159,019.
- 3.2 This allocation is intended to enable the Community Panel to plan activity in their communities through investment that will assist in the achievement of its priorities.
- 3.3 Investments up to £1,500 can be agreed outside the meeting in consultation with the Chair, local Member and Senior Manager Community Services.
- 3.4 Applications will be assessed against the locally agreed priorities for the panel area which are:
  - · Children and young people
  - Emotional wellbeing and mental health
  - Environment
- 3.5 In addition to the priorities, there are a number of criteria that must be adhered to as this relates to public funds. These are set out on the application form. There may be occasion where applications are received that do not fit with the local priorities or meet the funding criteria. In these cases, the applications will not be presented to the Community Panel. However, the Council works with other partners and will often be able to advise on other funding streams or will support a group so that they can meet the funding criteria.
- 3.6 Members are able to review the specific criteria at each Community Panel meeting.
- 3.7 Potential applicants are always advised to speak with the relevant Community Development Officer (CDO) prior to submitting an application. The CDO can offer advice and for this panel area, the CDO is Jackie Rudd who can be contacted by email (jackie.rudd@cumberland.gov.uk).
- 3.8 In addition to the funding described above, the Executive discussed the allocation of the United Kingdom Shared Prosperity Fund (UKSPF) at its meeting on 23 April 2024.
- 3.9 The Portfolio Holder moved that the Priority Intervention E35 (Enrichment & volunteering activities) indicative budget / grant allocations be amended to read:

£387,520 – allocated to consider targeted approach with public health partners delegated to Community Panels. The Leader seconded the recommendation and the amendment.

- 3.10 In direct response to this, work has been undertaken to encourage partners to apply who have a track record of delivering projects that are consistent with what this intervention is seeking to achieve. Care has been taken to ensure that areas right across Cumberland can benefit from this funding.
- 3.11 The timeframes for spending this money are tight with all projects funded needing to be completed by 31 January 2025 and full reporting on outcomes by 28 February 2025.
- 3.12 All applications that benefit this community panel area will be presented to the Community Panel for agreement and in this report, they are set out in Section 4 at paragraphs 4.3 to 4.154.
- 3.13 The December meeting of this Community Panel will be too late to fund the majority of projects so any further applications benefiting this Community Panel area will be presented to a Special Meeting if required. Any delays to agreeing applications may mean that projects are no longer viable within the time frames.

## 4.0 Investment Applications

- 4.1 Applications in sections 4.3 to 4.109 are made to the Neighbourhood Investment Fund.
- 4.2 Applications in sections 4.111 to 4.154 are made to the Shared Prosperity Fund delegated to Community Panels.

#### APPLICATIONS TO THE NEIGHBOURHOOD INVESTMENT FUND.

#### The Parish of St. Elisabeth - CCGA/2115-24

- 4.3 The Parish of St. Elisabeth are applying for £1,692 against total project costs of £3,384 towards CCTV.
- 4.4 The organisation has not received funding from Cumberland Council previously.
- 4.5 St. Elisabeth Church is based within the ward of Harraby North and supports the community in and around the area. The organisation is looking for investment funding to install CCTV to the exterior of the building to act as a deterrent against vandalism, drug taking and acts of violence. Providing CCTV with provide an element of protection for residents and help to keep the area safer, and cleaner. Currently, the area requires clearing of rubbish each morning.
- 4.6 The Church is in an open space and the pathway is regularly used by the local community.
- 4.7 Expenditure related to this project is £3,384 and is for the purchase and installation of the CCTV.
- 4.8 St. Elisabeth Church has applied for 50% of the investment. The Church will cover the remainder of the cost.
- 4.9 The officer recommendation is £1,692.
- 4.10 This application meets the following panel priorities and key themes:

- Supporting intervention and prevention
- Supporting and empowering children and young people to thrive

#### The Environment

- Promoting pride in your local area and improving safety
- Enhancing parks and natural spaces.

## iCan Wellbeing Group CIO - CCGA/2123-24

- 4.11 iCan Wellbeing Group are applying for £3,840 against total project costs of £10,679 towards their WeCan Holistic Wellbeing project. The organisation received funding from Cumberland Council via Carlisle West Community Panel neighbourhood investment fund last year but not from Petteril community panel.
- 4.12 WeCan focuses on improving emotional and social wellbeing within our community. The group have a wellness centre in central Carlisle which hosts a timetable of peer support groups and wellness sessions along with other activities. All activities are intended to increase wellbeing & decrease social isolation.
- 4.13 The organisation is applying for investment funding to expand their WeCan Holistic Wellbeing Meditation & Sound Healing sessions which will include outreach sessions within the Petteril panel area. The existing sessions have become an essential part of the groups timetable and an integral addition to supporting their members mental health & wellbeing. The group would like to facilitate two new, monthly, meditation sessions at Petteril Community Centre.
- 4.14 The wellbeing sessions will be open to all to attend. This enables the group to reach a larger, diverse, range of people. The sessions also enable the group to continue to support clients by offering safe spaces for those who are vulnerable and suffering from anxiety or stress. The group have identified that disadvantaged communities could be less likely to engage in holistic therapies due to the cost and therefore the group would like to offer their sessions for free. The intended outcome is to help people in obtaining new skills and techniques to support them in day-to-day life.
- 4.15 The project costs to hold sessions within the panel area Project expenditure includes £720 venue room hire, £1,920 for sessional facilitators and £1,200 for sound and healing activities.
- 4.16 The organisation has also applied to Carlisle West Community Panel for £6,839 for activities within the panel area. The amount requested has been split based on the number of sessions being held in each panel area.
- 4.17 The Officer recommendation is £3,840. Currently there is no similar activity to this taking place within the Harraby South Ward.
- 4.18 This application meets the following panel priorities and key themes:

#### Emotional wellbeing and mental health

- Supporting community facilities and groups
- Supporting sports groups and improving physical activity
- Supporting intervention, prevention, and signposting

## Stomping Ground - CCGA/2134-24

- 4.19 Stomping Ground are applying for £13,494 against total project costs of £22,488.44 towards a 12-month outreach project at Hammonds Pond. The organisation has not received funding from Cumberland Council previously.
- 4.20 Stomping Ground deliver indoor and outdoor creative activities in relaxed, friendly, and inclusive settings for communities. The organisation is dedicated to creating opportunities for, and reaching members of the community who often do not participate or cannot access, community projects and/or community social events.
- 4.21 The directors of Stomping Ground have collective experience of creative arts workshops and commissions, outdoor play and Forest School, event organising and community consultation.
- 4.22 Their work is tailored to be able to support neuro-divergent individuals as well as complex behaviours, often viewed as challenging or anti-social, enabling universal opportunity.
- 4.23 They would also like to develop their relationship with the community in Upperby and Currock, developing partnerships and becoming a friendly and familiar face for the young people. This would be through interactions with the schools, youth centre, community projects and local residents' meetings.
- 4.24 The project is to extend the delivery of their outdoor weekly play project 'The Outdoor Club' by running outreach sessions at Hammonds Pond with The Rock Youth Project. The project is aimed at 8-15-year-olds but will be open to all and free to attend.
- 4.25 The project will work with children and young people who already use the park along with targeting additional young people. They are also looking to target children and young people those who are exhibiting anti-social behaviour.
- 4.26 The first 7 months of the project will focus on Community and Partnership building with monthly drop-in session at The Rock Youth Project venue. Forest School activities will be carried out to get to know the young people in a comfortable setting.
- 4.27 After building a relationship on site, outdoors sessions will take place with The Rock at Hammonds Pond. The outdoor sessions will be introducing the young people to the project and what the group do along with consulting on what the children and young people would like to achieve from the sessions.
- 4.28 The project also includes school outreach sessions. These sessions will be with St John Henry Newman Catholic School, Upperby Primary School, St. Margaret Mary's RC School and Bishop Harvey Goodwin School.
- 4.29 The last 6 months of the project will focus on weekly delivery of The Outside Club at Hammonds Point maintaining strong relationships with the community. The intended outcome is to increase the safety of the park by reducing anti-social behaviour.
- 4.30 Project costs include indoor and outdoor activity over the 12 months £11,846.06, equipment and clothing £860, family days £939.18, Schools Sessions £2,039.20, project management £6,804.
- 4.31 The organisation has also applied to the National Lottery Awards for All to cover 40% of the overall project costs.
- 4.32 The Officer recommendation is £10,000.
- 4.33 This application meets the following panel priorities and key themes:

- Supporting and empowering children and young people to thrive
- Supporting inclusivity and diversity

Emotional wellbeing and mental health

- Supporting community facilities and groups
- Supporting sports groups and improving physical activity

#### The Environment

- Promoting pride in your local area and improving safety
- Enhancing parks and natural spaces

## Creighton Rugby Club - CCGA/2130-24

- 4.34 Creighton Rugby Club are applying for £1,500 against total project costs of £3,186 towards upgrading the pitch. The organisation has not received funding from Cumberland Council previously.
- 4.35 Creighton Rugby Club are based within the Harraby South ward currently the club have an adult team who prominently uses the pitch for training and matches. The club have a cohort of 125 children aged from 6 to 14years.
- 4.36 They provide an environment where the emphasis is on young people having fun rather than being results driven and accept new members irrespective of their ability. The senior players also support the younger age group. Members travel from all over Carlisle to be part of the club.
- 4.37 The club would like to create U13 and U14 teams who will play on the adult pitch on a day when this is not in use.
- 4.38 The organisation are applying for investment to carry out remedial work to the adult pitch, this will help sustain the increased footfall of the newly formed U13 and U14 teams who are using the same pitch for training and matches.
- 4.39 Project costs to Verti drain to 10inch ground dependant and apply top dressing the cost is £3,186.
- 4.40 The organisation will contribute £1,686 from internal fund raising and have a projected a shortfall of £1,500.
- 4.41 The Officer recommendation is £1,500, The officer has also provided advice and support on ways to gently increase subscriptions.
- 4.42 This application meets the following panel priorities and key themes:

Children and young People

- Supporting new and existing groups delivering provision for children and young people
- Supporting inclusivity and diversity

Emotional wellbeing and mental health

- Supporting community facilities and groups
- Supporting sports groups and improving physical activity

#### The Environment

Promoting pride in your local area and improving safety

# **Borderline Counselling Services – CCGA/2062-24**

- 4.43 Borderline counselling services are applying for £8,690 against total project costs of £43,451 towards the continuation of their services. The organisation has not received funding from Cumberland Council previously.
- 4.44 Borderline Counselling Services is a registered charity based in Carlisle providing counselling services. They cover the whole of Cumbria. The organisation were originally founded as Borderline Pregnancy Care in October 1996, changing their charitable aims and registered name to Borderline Counselling Services in April 2008.
- 4.45 Until recently their service was run by a team of 14 volunteers with lived experience of issues that the organisation addresses through its support services. They now have paid members of staff.
- 4.46 The ongoing cost of living crisis has put undue pressure on everyone. This is being exacerbated in those already struggling with mental health issues and therefore demand for mental health services and 'talking therapies' has increased dramatically as a result.
- 4.47 The organisations are applying for investment funding to support the General Running Costs & Counselling Project for 2024-2025. This includes salary costs of their existing members of staff. Staff members were formerly volunteers who became staff after successful funding was received in 2023. The funding would enable the continuation of the service.
- 4.48 The organisation supports up to 18 individual clients, estimated 100 x 1-2-1 counselling sessions 90% of which are face to face and 10% online. The service provided will positively impact the lives of clients, partners, families, children, peers, work colleagues and employers. The organisation expect that the extended reach is anticipated to positively impact an additional 36 people in the community.
- 4.49 The clients are from Botcherby, Currock, Harraby North and Harraby South.
- 4.50 The organisation have previously received funding from a range of funders, including Proven Family Trust, The Macauley Moat Foundation, Cumbria Community Foundation.
- 4.51 The Officer recommendation is £2,500 to cover the salary increase element of the project.
- 4.52 This application meets the following panel priorities and key themes:

Children and young people

Supporting intervention and prevention

Emotional wellbeing and mental health

Supporting Intervention, prevention, and signposting

#### Together We Can CIC - CCGA/2126-24

4.53 Together We Can are applying for £1,899 against total project costs of £22,098 towards the Together We Carry project.

- 4.54 Together We have previously received £5,000 of funding from Cumberland council in 2023 towards 'Cost of Living' funding, which was directly distributed to their service users.
- 4.55 Together We CIC are a not-for-profit organisation that offers many services across Cumbria, to help people to learn skills to better manage their physical and mental wellbeing. They have 4 services that connect to provide care for people of all ages.
- 4.56 Together We Carry' has been running for the past two years, it has been providing both one-to-one link working and peer groups with professional support. The one-to-one offer supports new mothers and families who are experiencing mental health difficulties and distress, to link with local services to support social connection and improved mental wellbeing. Additionally, the project has co-created peer and professional groups throughout North Cumbria with the intention of increasing provisions to post-natal mental health services and support. The project has been very successful, however there is currently no funding available to continue the project and the Community Investment funding is required to help 'bridge the gap', so the service is not lost while longer term funding can be secured.
- 4.57 Project expenditure for the 6-month project includes only staffing costs.
- 4.58 The organisation has also applied for 100% of the project delivery costs from three other community panels which are Carlisle West, Workington Together and Whitehaven and Coastal Community Panels. The amount requested has been split using the client's postcode data.
- 4.59 The Officer recommendation is £1,899 to cover salaries for the next six months.
- 4.60 This application meets the following panel priorities and key themes:

Supporting intervention and prevention

Emotional wellbeing and mental health

Supporting Intervention, prevention, and signposting

## Carlisle Community Help - CCGA/2146-24

- 4.61 Carlisle community help are applying for £35,000 against total project costs of £40,843.18 towards a programme empowering Carlisle through nutrition education and affordable food. The organisation has not received funding from Cumberland Council previously.
- 4.62 The intention is to provide affordable food support to the community of Carlisle Support includes the distribution of emergency food parcels to individuals and families in crisis.
- 4.63 The project will be delivered in Carlisle and Brampton, targeting areas with high rates of rural food poverty. Workshops and activities will be held at accessible locations, including Brampton Methodist Church, Morton Manor, Carlisle Enterprise Centre, Upperby CDC, and Petteril Bank Community Centre. They will work with local schools in collaboration with Riverside Housing to reach those in need.
- 4.64 The workshops will be focussing on:
  - Nutrition education programme create tailored educational programs for various age groups, including children and young people, and adults, to raise awareness around healthy eating and reduce the stigma surrounding food insecurity.
     Workshops will include cooking demonstrations, nutritional workshops, and interactive sessions.

- Community engagement establish community-based food security committees to
  ensure that local voices are heard and that their efforts are aligned with community
  needs. These committees will facilitate outreach and awareness campaigns, further
  promoting the importance of nutrition and food security.
- Practical intervention Collaborations with local markets, grocery stores, and food banks will enhance access to affordable, nutritious food options. The food hub will serve as a model, showcasing healthy food choices while providing members with skills for budgeting and meal planning.
- 4.65 They will produce a range of physical and digital resources to supplement the workshops and ensure long-term accessibility of information. They will work collaboratively and through partnership work ensure the project's longevity and impact.
- 4.66 The organisation is applying for investment funding towards workshops/classes £1,000, printed materials £275.69, food costs £12,040.55, staffing costs £23,795.20, volunteer expenses £1,000 and miscellaneous expenses £2,732.74.
- 4.67 The organisation have also applied to Carlisle West and Border, Fellside and North Carlisle Community Panels. The amount requested has been split based on targeted areas and venues they will be delivering the project.
- 4.68 The Officer recommendation is £15,643.00 towards workshops/classes, printed materials, staffing costs and volunteer expenses.
- 4.69 This application meets the following panel priorities and key themes:

- Supporting new and existing groups delivering provision for children and young people
- Supporting and empowering children and young people to thrive
- Supporting intervention and prevention
- Supporting inclusivity and diversity

Emotional wellbeing and mental health

- Supporting community facilities and groups
- Supporting intervention, prevention, and signposting

#### Petteril Community Centre - CCGA/2137-24

- 4.70 Petteril Bank Community Centre are applying for £24,860 towards upgrading the centre and employing a member of staff.
- 4.71 In 2023, Petteril Bank Community Centre received £12,400 of funding from Cumberland Council which was a continuation of an annual grant from the legacy council.
- 4.72 Petteril Community Centre is a registered charitable community centre within the ward area of Harraby South and Harraby North. The centre is run as a village hall and currently do not have a member of staff. The trustees currently support the day-to-day running of the business. Due to changes in circumstances, the Trustees are struggling to meet the needs of the centre and are therefore looking for funding to employ a part time member of staff who lives within the area.

- 4.73 In recent years the area has seen the closure of the Café which was attached to Petteril Bank School and some local shops on the main road including a pharmacy. This has resulted in a loss of community connection, something the trustees are keen to bring back via the community centre. They intend to make the centre accessible to all by working with organisations, statutory departments within the council and the community.
- 4.74 The changes to the legacy council annual grant has provided an opportunity to review the community centre activity, income, outgoings and more importantly what is needed for the Petteril Bank area what they offer now and what is needed for the community in the future. The trustees are aware that without making changes, the centre is at high risk of making a loss this financial year.
- 4.75 The trustees are proactively working to avoid this situation and considering ways for the community centre to be accessible to the community every day, instead of being ran as village hall status. Currently the centre is using their reserves, and they understand the urgency to make changes to improve sustainability. The funding would provide financial stability while the trustees implement changes.
- 4.76 The organisation would like investment funding towards upgrading the centre, including the creation of a bistro area and to employ a member of staff to work on increasing income to improve the sustainability. The project costs are £3,750 to create a bistro area, £8,750 for one off maintenance to upgrade the building, £3,000 legal fees to amend the constitution and £9,360 to employ a part time member of staff.
- 4.77 The organisation is intending to apply to national funders to fund a further two year's salary costs with the potential to employ a second part time member of staff.
- 4.78 The organisation has applied for 100% of the project costs.
- 4.79 The Officer recommendation is £21,860 to cover the costs for maintenance to upgrade the community centre, create a bistro café area and employ a member of staff.
- 4.80 This application meets the following panel priorities and key themes:

- Supporting new and existing groups delivering provision for children and young people
- Supporting inclusivity and diversity

Emotional wellbeing and mental health

- Supporting community facilities and groups
- Supporting intervention, prevention, and signposting

#### **Botcherby Community Centre - CCGA/2133-24**

- 4.81 Botcherby Community Centre are applying for £30,000 against total project costs of £38,985 towards staffing costs and financial support towards their annual projects.
- 4.82 In 2023, Botcherby Community Centre received £13,000 of funding from Cumberland Council which was a continuation of an annual grant from the legacy council and £6,000 for a community garden project from the Petteril Neighbourhood Investment Fund.
- 4.83 Botcherby Community Centre is a registered charity, providing a safe, affordable space, and activities for the benefit of the residents of Carlisle, specifically the area known as Botcherby.

- 4.84 They have consulted existing and potential users of the Community Centre, along with representatives from statutory, public, voluntary and third sector organisations. The purpose of this was to identify gaps and needs, within the community they serve, and to develop a plan to address these needs. The main thing they discovered is that people want to be with other people, more so since Covid19.
- 4.85 The organisation is applying for investment funding towards a Project Worker and a Development Worker to organise and facilitate regular community activities.
- 4.86 The main social activity will be held on, but is not limited to, Wednesdays, in the form of a weekly, All Day Drop In. The large hall will become a day long, hive of community activity and engagement.
- 4.87 Added benefits include gaining confidence and joining in other Centre activities, from the affordable Community Gym, accessing the in-house Exercise on Referral Program, to perhaps registering for a Functional Skills (Maths & English) course or quilting.
- 4.88 Activities will be coordinated and delivered by the Project Worker, consisting of a variety of craft and creative activities, tabletop games, and refreshments, progressing to light lunches and access to the Pop-up Pantry. The organisations Fareshare subscription will be used to support this when possible. Opportunities for group walking, gardening and fitness classes will also be explored.
- 4.89 The Development Worker, working closely with the Project Worker, would be responsible for achieving sustainability and/or securing future funding for the continuation of these sessions. Forging collaborative relationships to meet the demands of the community will be vital in both positions.
- 4.90 They aim to achieve a weekly 'One Stop Shop', where people have a sense of place, improved mental health & wellbeing, can share common interests and perspectives, and be a source of cohesion and identity, by being a diverse foundation for community.
- 4.91 The investment is to fund part time project and development workers, and to offer an annual program of activities. The costs are part time project officer £4,500, development worker £7,800, annual activity programme £21,600, management fee £5,085.
- 4.92 The organisation will cover the cost of the management fee and a portion of other costs.
- 4.93 The Officer recommendation is £13,000 to go towards the part time project officer and a contribution towards the annual programme activities.
- 4.94 This application meets the following panel priorities and key themes:

- Supporting new and existing groups delivering provision for children and young people
- Supporting intervention and prevention
- Supporting inclusivity and diversity

Emotional wellbeing and mental health

- Supporting community facilities and groups
- Supporting sports groups and improving physical activity
- Supporting intervention, prevention, and signposting

#### The Environment

Promoting pride in your local area and improving safety

# **Currock Community Centre - CCGA/2134-24**

- 4.95 Currock Community Centre are applying for £58,272.
- 4.96 Currock Community Centre have previously received £20,900 of funding from Cumberland Council which was a continuation of an annual grant from the legacy council and £1,500 for men's brunches from Petteril community panel Investment in our Neighbourhood and Upperby ward allocation in 2023.
- 4.97 Currock Community Centre is a registered charity, providing a safe, affordable space, and activities for the benefit of the residents of Carlisle, specifically the area known as Upperby and Currock.
- 4.98 Currock Community Centre serves the needs and requirements of both its local community and wider surrounding area. It offers many different activities/events to appeal to everyone from the ages of 0-90+ and is an all-inclusive, diverse, supportive, and welcoming Centre. Their activities include sports, history, culture, arts and crafts, education, holiday clubs, religious activities and a full array of community-based sessions focusing on health and wellbeing to include mental health and social isolation.
- 4.99 Their services provide grass roots activities, supporting in all stages of life; to keep them safe, happy and healthy and help give them a quality of life that they deserve. The centre delivers tailored and affordable initiatives/sessions, some of which are free. They collaborate with many third sector organisations/volunteers who assist in running their community driven groups, which are all vital to creating thriving communities.
- 4.100 This project will bring people together. The main aim behind the development of the 'family hub' is to drive some much-needed 'whole family work' within the Centre and create sustainable engagement with families. Community based hubs have the potential to make it simpler to get the help that the whole family needs. They have a strong team of staff, with invaluable experience of working within the youth sector, who have a burning desire to do more for the local area. Investing in families and making sure they get the support they need from birth through to adulthood helps with children's educational attainment, wellbeing, and life chances. This family hub will use a child centred approach, providing an access point to educational activities and support services across health (physical and mental health) and social care, as well as improved opportunities for our current and new volunteers, together with employment. A family hub can make these things come together and happen!
- 4.101 It could provide the potential to aid partners via subsidised or free room hire to assist with services for children with special needs. There are currently groups within Carlisle calling out for this support and need a base for their service; with one being very local to us. They would love to support them should they be successful with their plans. They plan to have a sensory element within the family hub, which both their resident artists and children will help to create therefore involving the community every step of the way.
- 4.102 They also regularly run open days and events for children and the family hub would enable us to offer more multi use facilities and equipment, together with the opportunity to set up sustainable sessions and activities. There is call for accessible and inexpensive activities for children regardless of background, as many are struggling due to the current cost of living crisis.

- 4.103 Many local children benefit from the HAF Holiday and Activity Programme based at Currock Community Centre. Relationships have been developed with both the providers and families to enable them to expand on their youthwork. They want to provide structured activities that will cover all interests for children: sports and physical activity; education; mental and general health and wellbeing; arts and crafts sessions; fun workshops; technology; yoga; wildlife and nature; cookery sessions; day trips and access local community services. The existing kitchenette needs refurbished to provide more facilities to cater for everyone's needs. They will then be equipped to run their own activity programmes within school holidays, as well as weekly afterschool activities.
- 4.104 As a Centre they need to repurpose and utilise all space to reach their full potential and assist in making the Centre sustainable.
- 4.105 October will mark their 90th Anniversary, they are planning to host a month of celebratory events, competitions, and free taster sessions. It are looking to launch the hub at the same time.
- 4.106 Project costs Refurbishment and develop a family hub room £31,340, Centre assistant and community engagement officer £26,931.55.
- 4.107 The organisation has applied for 100% of the project costs.
- 4.108 The Officer recommendation is £20,900 to go towards the refurbishment of the family hub room.
- 4.109 This application meets the following panel priorities and key themes:

- Supporting new and existing groups delivering provision for children and young people
- Supporting intervention and prevention
- Supporting inclusivity and diversity

Emotional wellbeing and mental health

- Supporting community facilities and groups
- Supporting sports groups and improving physical activity
- Supporting intervention, prevention, and signposting

The Environment

Promoting pride in your local area and improving safety

## **APPLICATIONS TO THE UK Shared Prosperity Fund (UKSPF)**

4.110 All applications presented are compliant with the intervention E35 as described in the guidance. E35 is to be used to fund activities such as enrichment and volunteering to improve opportunities and promote wellbeing.

## Age UK

4.111 Age UK are applying for £18,000 in total and are requesting £2,250 from this Community Panel. Given full coverage of Cumberland with this application, applications to the same value will also be presented to the other seven Community Panels.

- 4.112 Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.
- 4.113 Age UK will recruit people over the age of 50 who are out of work for a variety of reasons. Those targeted, who are out of work, are likely to be so due to ill health and this project will support them with varying skills to get back into employment, but will also address social isolation, increase their resilience, and have a positive impact on their mental health. They are looking to achieve a minimum of forty volunteering roles across Cumberland.
- 4.114 The officer recommendation is £2,250 from this Community Panel.

#### **Carlisle Matters**

- 4.115 Carlisle Matters are applying for £11,731 in total and are requesting £3,911 from this Community Panel. Applications will also be presented to Carlisle West and Border, Fellside and North Carlisle.
- 4.116 Carlisle Matters will deliver a programme of weekly sessions to provide information about the benefit of volunteering, encourage participants to match their individual skills to opportunities and give a greater awareness of the range of volunteering opportunities in and around Carlisle. The programme aims to move all participants into volunteering roles.
- 4.117 The officer recommendation is £3,911 from this Community Panel.

#### Carlisle Radio FM

- 4.118 Carlisle Radio FM are applying for £6,000 in total and are requesting £2,000 from this Community Panel. Applications will also be presented to Carlisle West and Border, Fellside and North Carlisle.
- 4.119 This is towards a project valued at £9,000 and funding of £3,000 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.
- 4.120 Carlisle Radio FM will support residents in Carlisle and surrounding area to become volunteers at the radio station. These volunteering opportunities will assist vulnerable people (in terms of mental and physical health) to gain future employment. The station relies heavily on volunteers and this project will enable the core team to expand and partially fund a volunteer coordinator.
- 4.121 The officer recommendation is £2,000 from this Community Panel.

#### Citizens Advice (Carlisle and Eden, Allerdale and Copeland)

- 4.122 Citizens Advice are applying for £50,000 in total as a joint application and the project will be delivered together to reduce administration and training costs and to provide resilience across the project. They are requesting £5,556 from this Community Panel. Given full coverage of Cumberland with this application, applications will also be presented to the other seven Community Panels.
- 4.123 Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.
- 4.124 Citizens Advice will utilise the funding to secure additional training supervisor hours to support a new cohort of volunteers. They will target potential volunteers who may not have worked for many years, have given up work due to illness or have long term

health conditions. They will offer a wider range of volunteering opportunities including reception duties and administration tasks, service promotion, research and campaigns to develop into the more traditional information and advice roles.

4.125 The officer recommendation is £5,556 from this Community Panel.

#### **Cumbria CVS**

- 4.126 Cumbria CVS are applying for £10,000 in total and are requesting £1,250 from this Community Panel. Applications of the same value will also be presented to the other seven Community Panels.
- 4.127 This is towards a project valued at £20,000 and funding of £10,000 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.
- 4.128 Cumbria CVS will develop and provide a package of support to those participants not currently in the labour market across Cumberland. This will include workshops, support and social action days in a bid to improve individuals' confidence and social skills and reduce social isolation.
- 4.129 The officer recommendation is £1,250 from this Community Panel.

#### **Cumbria Youth Alliance**

- 4.130 Cumbria Youth Alliance are applying for £39,950 in total and are requesting £4,995 from this Community Panel. Applications of the same value will also be presented to the other seven Community Panels.
- 4.131 Cumbria Youth Alliance will reengage up to 30 young people in work focuses activities, confidence building sessions, education and training. These will equip young people with the skills, resources and support needed for the transition into employment or further education.
- 4.132 The officer recommendation is £4,995 from this Community Panel.

#### **Currock Cookhouse and Wellness Circle**

- 4.133 Currock Community Centre are applying for £6,511 in total and are requesting the full amount from this Community Panel.
- 4.134 Currock Community Centre will utilise their kitchen facilities to provide training and skills to young adults and teams with special needs. This project will incorporate physical activity and will the springboard to a permanent activity session once the project ends. This project will also provide volunteer and work experience opportunities to include formal training in food hygiene and first aid for example.
- 4.135 The officer recommendation is £6,511 from this Community Panel.

## **Growing Well - Tebay**

4.136 Growing Well are applying for £9,911 in total and are requesting £2,478 from this Community Panel. Applications will also be presented to Carlisle West, Fells and Solway and Border, Fellside and North Carlisle.

- 4.137 Growing Well will deliver a programme of structured horticultural activity delivered by expert growers and a clinically lead mental health support team. This application would support an additional full day for residents in the wider Carlisle area in addition to what is already provided and includes transport.
- 4.138 The officer recommendation is £2,478 from this Community Panel.

## iCan Wellbeing Group

- 4.139 iCan Wellbeing Group are applying for £9,990 in total and are requesting £3,330 from this Community Panel. Applications will also be presented to Carlisle West and Border, Fellside and North Carlisle.
- 4.140 This is towards a project valued at £39,990 and funding of £30,000 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.
- 4.141 iCan Wellbeing Group will provide a programme which will springboard those who are unemployed to get back to work by helping to overcome barriers. They use an innovative and holistic approach to employability which increases overall wellbeing for individuals and raises aspirations.
- 4.142 Note that this application is separate to the application made to the Neighbourhood Investment Fund at paragraph 4.11 in this report.
- 4.143 The officer recommendation is £3,330 from this Community Panel.

## **NADT Pitstop Project**

- 4.144 NADT are applying for £37,960 in total for this project and £4,745 from this Community Panel. Given full coverage of Cumberland with this application, applications to the same value will also be presented to the other seven Community Panels.
- 4.145 Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.
- 4.146 NADT will deliver a previously piloted Pitstop programme which is designed for young people aged up to 25 who experience personal, emotional, social, or educational barriers. The scheme runs from Cumbria's first large scale studio-based film production company in Carlisle but is available to young people across Cumberland to help overcome transport as a barrier.
- 4.147 The officer recommendation is £4,745 from this Community Panel.

## **Steps to Success**

- 4.148 The Council's People Management 'Steps to Success' Team are applying for £23,000 in total and are requesting £7,000 from this Community Panel. Applications will also be presented to Border, Fellside and North Carlisle, Carlisle West and Workington Together.
- 4.149 Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.

- 4.150 The Steps to Success Project Team will implement a volunteering and work experience programme within Cumberland Council to encourage people to apply to work for the Council across a variety of roles and to do this by engaging, inspiring, and motivating those in long-term unemployment.
- 4.151 The officer recommendation is £7,000 from this Community Panel.

## Triple A Project (All About Autism)

- 4.152 Triple A are applying for £1,569 in total and are requesting £196 from this Community Panel. Applications of the same value will also be presented to the other seven Community Panels.
- 4.153 This is towards a project valued at £11,420 and funding of £9,851 has already been achieved. Although this project is scalable, greater benefits will be achieved through the full-scale delivery of the project.
- 4.154 Triple A will provide accessible, expert advice and support to people with autism to find volunteer and employment opportunities. The funding will be used to pay for specialist mentors who will support individuals.
- 4.155 The officer recommendation is £196 from this Community Panel.

## **Neighbourhood Investment Plan**

- 4.156 At the last panel meeting, some actions were set within the Neighbourhood Investment Plan and detail on progress is included in the appendices.
  - Dog fouling with the panel area. Appendix 2
  - Cycle Routes/Maps. Appendix 3

## 5.0 Options

## **Alternative Options Considered**

5.1 There was an option not to put forward applications for investment, but they meet the criteria in place.

## **Risks**

- 5.2 The risk associated with this report is that allocations proposed do not meet the criteria for investments. This is mitigated through officer experience, processes in place and awarding investments in a public forum.
- 5.3 There is a risk that delegated funding to this Community Panel will not be spent caused by the timeframe in place for decisions resulting in local communities not benefitting from this funding.

## Consultation

5.4 There has been no consultation associated with this report.

## **Legal Comment**

5.5 No legal issues arise directly from the report. Any legal issues arising from the delivery of specific projects will be dealt with as they arise.

#### **Finance Comment**

- 5.6 The Neighbourhood Investment Fund is part of Communities and Localities within the Public Health and Communities Directorate.
- 5.7 The Neighbourhood Investment Fund budget for 2024/25 is £0.727m which is allocated to fund the 8 Community Panels.
- 5.8 The 2024/25 budget allocation to the Petteril Community Panel is £0.159m
- 5.9 An amount of £0.387m was delegated to Community Panels from the UKSPF allocation. This report has identified an amount of £0.044m in applications from this fund.
- 5.10 Approval is sought to agree a proposed funding allocation of £0.093m. This is in addition to £0.053m already agreed.
- 5.11 It is recommended that the funding allocation is approved as it is within the confines of the available remaining 2024/25 budget as shown in the table below:

Petteril Community Panel	Reference	<u>Total</u>
2024/25 Budget Allocation		£159,019.00
Minus Approved Investments:	CCGA 2063-24	-980.00
	CCGA 2091-24	-1,500.00
	CCGA 2098-24	-1,440.00
	CCGA 2087-24	-24,110.00
	CCGA 2086-24	-24,800.00
Minus proposed Investments:	CCGA 2115-24	-1,692.00
	CCGA 2123-24	-3,840.00
	CCGA 2134-24	-10,000.00
	CCGA 2130-24	-1,500.00
	CCGA 2062-24	-2,500.00
	CCGA 2126-24	-1,899.00
	CCGA 2146-24	-15,643.00
	CCGA 2137-24	-21,860.00
	CCGA 2135-24	-13,000.00
	CCGA 2133-24	-20,900.00
Balance of budget remaining:		£13,355.00

#### **Impact Assessments**

5.12 An assessment has not been completed.

#### **Contact Officer:**

CDO: Jackie Rudd, Community Development Officer

# Appendices:

Appendix 1 – Neighbourhood Investment Plan

Appendix 2 – Dog Fouling Update

Appendix 3 - Cycle Routes/Maps Update